

Excelsior

Ever upward and still higher...

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From the Principal's Desk

Rev. Fr. Nilson Davis CMI

“Love is the flower you've got to let grow.”

Human beings are designed to form bonds with each other. But if it's so natural, why is it so difficult for many people to form healthy attachments?

Is it because we only think of receiving love and not giving? Is it because our focus is only on measuring how much we are loved by others? Have you ever observed little children?

If you watch them, you will see that they are natural-born relationship seekers. On the playground, they will spot other children, rush up to them, stare them in the eyes, maybe even take their hands, and begin to play together. But then children grow up and stop being so unabashed about their desire to connect. They have learnt to hide their wanting. This is where you have to understand the importance of being a Giver, a giver of love.

We learnt which emotions can be expressed and which are seemingly better off repressed. We learnt strategies to get the love, attention, and connection we needed, or we learnt to give up on getting those needs met. But most of us are not taught to give love effectively without expecting anything in return.

I used to spend a lot of time thinking about love, trying to define it in words, put a leash around it, and grasp it in hopes of harnessing love in my life. That's what the mind does: it grabs and defines things; and that's why the mind is the wrong organ to use in exploring love, because in the course of understanding we limit, restrict, and sometimes strangle what we set out to know. That doesn't work with love. The moment we grasp or cling to it, it disappears. But your heart does the job altogether in a different way.

To maintain a strong civil society, we set an expectation early to "do well" and "do good", that is the main motto behind choosing Altruista - Giver as the theme of this year. We in Christ School ICSE have intentionally planned the celebration of all the events this year by highlighting this theme. We teach Christites to be a reflection of what they like to receive. We in this temple of learning teach students to give from the bare minimum they have. You can't nurture affection through emptiness.

Without acceptance there can't be love. Most of us have experienced this kind of love at one time or another. Learning to accept ourselves is really where love begins. The moment we look ourselves squarely in the heart and say, “I love you as you are,” we slowly remove the impediments of denial, guilt, and self-loathing and allow love to come into our lives which when given can be a true blessing to others.

Excelsior Christites!

Hearty Congratulations



Giving encouragement to others is a most welcome gift, for the results of it are lifted spirits, increased self-worth, and a hopeful future.

Christ School ICSE proudly welcomes Rev. Dr. Paul Achandy CMI as the new Rector, Chancellor of CHRIST (Deemed to be

university) and Manager of Christ Group of Schools. It is indeed a moment of happiness for all of us. We heartily welcome him back to the Christ family and look forward for all his support and guidance.

Hearty Welcome Father! We are glad you are here.

Christ School ICSE heartily welcomes Rev Fr. Sebastian Elanjikkal CMI as the Coordinator of Christ Group of Schools. We look forward to work with him and learn more from him. It is indeed an honour for us. His skills and talent will be a great addition to the Christ family.

Christ School ICSE heartily welcomes Rev. Fr. Martin Onnasseril CMI as our New vice-principal. Let's wish him God's choicest blessings.

Thanks A Lot

Thankfulness is the beginning of gratitude. Gratitude is the completion of thankfulness.

Thankfulness may consist merely of words. Gratitude is shown in acts.

Christ School ICSE would like to thank the outgoing Rector, Chancellor Rev. Dr. George Edayadiyil CMI of CHRIST (Deemed to be University) and Manager of Christ Group of Schools for his prophetic leadership, who has been elected as the Provincial of the Kottayam Province of the CMI Congregation.

As a manager of our school, his presence as well as his guidance is constantly felt in our school.

We take this opportunity to thank him whole heartedly for all the guidance and support he has rendered to this institution. He has been a guide and mentor and has helped us in every way. He has been a great source of inspiration to all of us. We would like to thank him for all the hard work and dedication he has shown towards this institution. We will continue to pray for his good health and may God bless him in all his endeavours.

Gratitude is not only the greatest of all virtues, but the parent of all the others.

Christ School (ICSE) takes this opportunity to thank Rev. Dr. Martin Mallath CMI Coordinator of Christ Group of Schools. He has always been a great support to this institution. His timely advice and guidance has helped this institution reach greater heights. He has inspired us with his work and shown that nothing is impossible with a strong determination and will power with a clear vision. We wish him the warmest wishes for his future endeavours.



Thank You



Welcome

Vice Principal's Message



My dear Christites,

Greetings from Fr. Nijo Palatty CMI. Life is precious and it is God's gift to each one of us. It is so unique that there is no one else on earth like you and me. There never was; and never will be. We are centered around the theme Altruista, the Giver in this academic year. Ultimately, it's an invitation to be the Giver of Love. The pandemic has made us realize how fragile life is. How soon things which we considered very significant turn out to be insignificant in life. We had meticulously and carefully laid plans for our future but all of them were disrupted, dreams remain unfulfilled, and many were at the verge of life where hopes dashed in the blink of an eye. Situations might look hopeless but we should not fail to trust in God and we need to make a deliberate habit of being a giver of hope and love.

If we are safe and sound during this pandemic its nothing but the generosity and magnanimity of God, the giver of life. Let us realize that Life is an opportunity to do good. Therefore, it does not matter how long we live; all that matters is how well we live. And how many lives we are able to touch with love and encouragement. There are many who need a helping hand in life. Corona warriors have taught us this lesson in the last few months. They served humanity even risking their own personal life. When we can give out of compassion, when we help someone live with respect and dignity; we touch more lives. Giving can be the wisest investment we make in our lifetime for all eternity. At the end of the day, and beside our grave, all that matters is how rich in life we were in being loved.

Dear students, Family is a God's gift to us. It is in families that we grow up. It is there that we are loved and cherished. We learn our first lesson in life from our family. The most important lessons we learn from family are that of love and trust, obedience and respect, hard work and honesty. It is in the family that we learn to share our resources and appreciate the talents and abilities of others. Let us be the giver of love.

Fr. Nijo Palatty CMI
Vice Principal

Financial Administrator's Message



BE THE GIVER OF LOVE

Greetings to all the Christities....

“The greatest gift you can ever give another person is your own happiness”, says Esther Hicks. In our daily life we give and receive a lot. Some things in that are really priceless but that cost nothing to the giver. We don't spend anything when we smile towards others or we greet

others when we meet them. But that make others happy and sometimes that may really change the day of others. So let us be the giver of love and happiness. School education is a process that helps a child to become a giver. In order to become a giver one should love first.

Blessed Thomas Maria Fusco says, “to educate, one must love first”. That also should be a selfless love. St. Paul describes the qualities of love as “Love is Patient; love is kind; love is not envious or boastful or arrogant or rude. It does not insist on its own way; it is not irritable or resentful; it does not rejoice in wrongdoing, but rejoices in the truth. It bears all things, believes all things, hopes all things, endures all things”. When we think about our life we have received a bundle of selfless love from our parents, teachers, friends and so on. So it is our duty to practice the same in our life. That makes us good citizens in our life and gives us a happy life.

May God Bless you abundantly...

Fr. Reji Koodappattu CMI

RELEASE OF THE MONTHLY NEWSLETTER



Christ school ICSE released the monthly newsletter 'EXCELSIOR'-EVER UPWARD AND STILL HIGHER for the academic year 2020-21. The promotion video was released on 19th August, 2020.

The theme of this year is ALTRUISTA- THE GIVER. The newsletter was released with a brand new and improved look with added features. The hyperlink button near every article gives a real virtual experience. The monthly newsletter is very interactive and informative at the same time.

A GIVER OF LOVE IS A GIVER OF LIGHT

Giving and receiving love are two of the most beautiful feelings on Earth. When you are the receiver of love, you experience the joy and passion that is not only revitalizing, but also is equally intoxicating. Once you receive it, you want more and more of it. To receive love, however, you must become the giver of love. The giver of love is one who gives it unconditionally without strings attached.

This is truly not an overnight process but rather one that may take you a while to achieve, yet it is truly worth the journey. All of this is an inside job and has nothing to do with another person. What you need to do in order to feel safe inside of you is to connect and love all the pieces in you that you feel are wounded. You also have to learn to trust yourself and realize you are the driving force in your life.

Learn to forgive when hurt and to become a giver of love. Once you have the keys to unlock the chains that bind you, you will be able to finally rediscover the joy and love that has been missing from your life. And that, my friends, is the first step to leading a joy-filled life.



Ms. Reshma Joseph

GURUVANI

Be the giver of love....

Your greatness is not what you have, it's what you give. There's no exercise better for the heart than reaching down and lifting people up.

From what we get, we can make a living; what we give, however makes a life.

Love is a universal feeling representing kindness, compassion and affection. Giving and receiving love are two of the most beautiful feelings on Earth.

Love is everywhere. God, the giver of love has created us bestowing upon us, his love.

We learn to love one another, for our love comes from God himself. True love is unconditional and holds no purpose, it is divine. Life without love is like a tree without blossoms or fruit. The One word that frees us of all the weight and pain of life; is love.

You always gain by giving love. The giver of love is one who gives it unconditionally without strings attached.

This means that you must also learn how to forgive. You can only truly become a giver of love once you learn how to forgive others as well. That is sometimes easier said than done.

After all, many of us carry around a lot of emotional baggage from past hurts and haunts because we believe it is too difficult to let all that sorrow and anger go.

A person who forgives and loves others is never at a loss. Love is twice blessed it helps the person who loves and also who receives it.



Ms. Asha Rani
Coordinator,
Middle School Section.

PARENT'S TALK

Be a giver of love

Giving and receiving love are two of the most beautiful feelings on Earth. When you are the receiver of love, you experience the joy and passion that is not only revitalizing, but it is equally intoxicating. To receive love, however, you must become the giver of love. The giver of love is one who gives it unconditionally without strings attached.

Let me tell you a story which I have read when I was a kid. "Once upon a time, in a village there lived a very poor woman. She had nine children. One day they were very hungry and had nothing to eat. Seeing this, their neighbour gave them five pieces of bread. The woman distributed it to her nine children. Nothing was left for her. Realizing this, the children gave her small pieces from what they had." This story demonstrates the difficult conditions you live in and still be a giver of love.

Everybody wants to get respect, love and greetings from others. Let us change this. Don't wait for others to do good things for you, instead let us start doing it. Try this and you will win so many hearts and make so many friends.

The biggest act of giving love is to forgive people who have harmed you and love them. Even the smallest act of smile or saying hello to a person can be a way of expressing your love and make others feel good.

While studying, kids receive lots of love from their parents, teachers and friends. When they grow up, they tend to forget this. Instead they should realize the efforts made by parents and teachers and love them unconditionally.

Rosemary Bonny

(Parent of Paul of grade VII-A and Katherine of grade IV-C)

STUDENT'S TALK

BE THE GIVER OF LOVE

The greatest science in the world; in heaven and on earth; is love – Mother Teresa

Love is the most essential emotion to be a part of this life. It has many faces and could be experienced in all different kinds.

Today the people in this world are all hungry for love. But, there are very few who has the capability and courage to give love more than that they receive.

One can never know what the other people are going through and what wonders it can do to them if they are offered Love.

So, it is necessary that we learn to give more love and be the rainbow in someone's life. It does not cost anything but a little smile, kindness, elegance and optimism.

Spread Love just like the sun spreads its rays; it gives a positive attitude and makes the best version of oneself.

When a person gives love, they don't just give love, they motivate one to live life with passion and to be independent with their confidence.

It encourages one to accept life for the way it is and to lead one a healthy lifestyle. Love is an effortless beauty to live in.

So spread love in this harsh little world, spread love where healing seems not a thing to happen.

Grow and glow in love, in a variety of different ways. Be the giver of love, because it is beautiful than anything to exist.

Spread love and live in the sweetness of it and be the other name of Love.

Thank you.



Abdul Azeez Wajid
VII Std "D" Sec

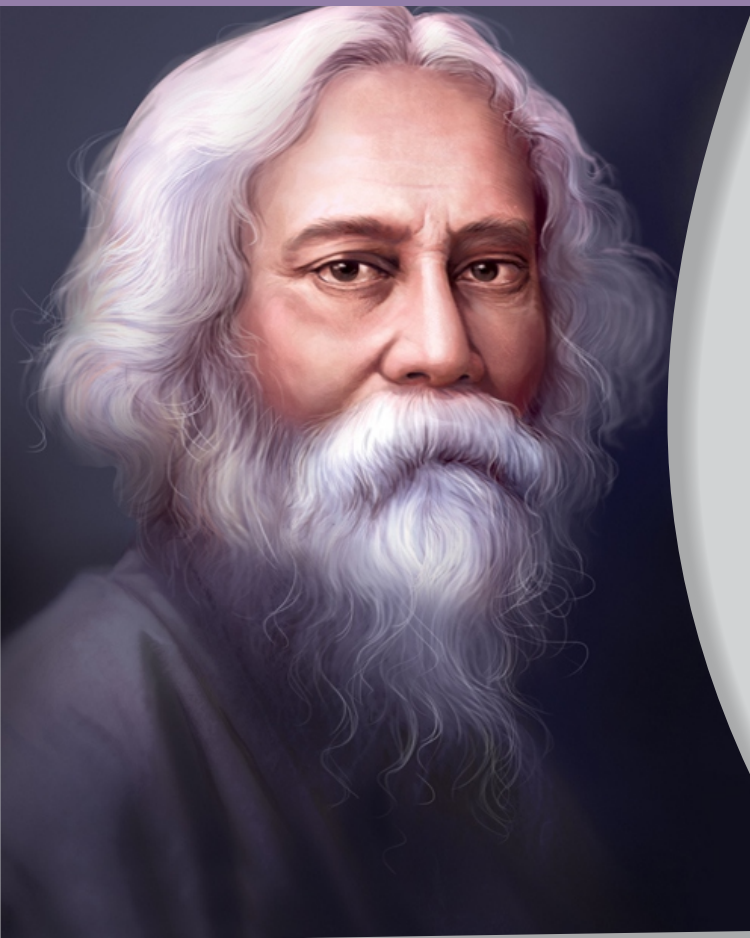
AUGUST AT A GLANCE

- ◆ RELEASE OF THE MONTHLY NEWSLETTER
- ◆ PARENT TEACHER MEETING
- ◆ A TRIBUTE TO RABINDRANATH TAGORE
- ◆ WELCOMING THE NEW COMERS
- ◆ INDEPENDENCE DAY CELEBRATION
- ◆ EXPRESSIONS OF HOPE
- ◆ VIVA VOCE EXAMINATION
- ◆ ONAM CELEBRATION

The parent Teacher Meeting was held on 7th August, 2020 and 8th August, 2020. It was the first meeting of the academic year 2020-21. The PTM went on well. The parents were very happy with the online classes and expressed their gratitude towards the management and teachers. The hard work put in by every teacher was appreciated.



A TRIBUTE TO RABINDRANATH TAGORE



The small wisdom is like water in a glass: clear, transparent, pure.

The great wisdom is like the water in the sea: dark, mysterious, impenetrable. - Rabindranath Tagore

Rabindranath Tagore believed in imparting education in natural surroundings. He believed in giving children the freedom of expression.

Christ School ICSE too follows the teachings of this great man. The potential of every child is looked into and it is nurtured. Equal opportunity is given to each and every child and the best is brought out. Children are given the freedom to express their views and thoughts in our school. Christ School pays a tribute to Rabindranath Tagore on his 79th death anniversary by releasing a video in YouTube. Let us all remember this great man and the numerous contributions he had given to the society.



WELCOMING THE NEW COMERS

Christ School ICSE welcomes the new comers to this temple of learning.

A video was released in YouTube on 11th August, 2020 to welcome the teachers and students.

The school provides the best in terms of academics and co-curricular activities. A total of 9 qualified teachers joined this prestigious institution this academic year. 3 in Mathematics department, 2 in Hindi department, 1 in Kannada and 2 in Science department.

A total of 307 students joined the Christ family. Christ School ICSE warmly welcomes every single member to this family.



Christ School ICSE welcomes the new comers to this temple of learning.



INDEPENDENCE DAY CELEBRATION



This year Independence Day celebration of our school was a different one. The Independence Day was celebrated at Christ school ICSE with a lot of vigour and enthusiasm. We had the flag hoisting at school which was followed by the National Anthem. Few teachers and students were present at school to witness and be a part of the celebration. Our beloved Principal Rev. Fr. Nilson Davis Pallisery gave a message on the importance and real meaning of Independence. A video was released in YouTube where students gave speeches in different languages and various activities done by the children class wise from home like flag making, badge making, display of food and ethnic wear were shown in the video.



Our freedom fighters endured countless sufferings to give Indians their freedom. It's a day to remember and honour them.



EXPRESSIONS OF HOPE



In connection with the Independence Day Christ School ICSE released a video on 17th August, 2020 called the Expressions of Hope. The video showed how each one of us are living with the hope that the situation we are facing today in the form of this deadly pandemic will pass soon. It is just a phase in all our lives which will pass and life will get back to normal. We need to stay strong and be there for each other. The students showcased their feelings and expressions in the form of dance, art and playing of various musical instruments.



PRINCIPAL'S MESSAGE



Our beloved Principal Rev. Fr. Nilson Davis Pallisery gave an inspiring and motivating speech on Independence Day. It truly gave us an insight to life and how blessed we are today as we enjoy the fruits of hard work by the freedom fighters who laid down their lives for our country. He also appreciated and congratulated the doctors, health workers, nurses, NGO and government for their valuable services for our safety. He also laid importance on being interdependence. A video was released where our Principal shared this motivating message on Independence Day.

VIVA VOCE EXAMINATION

The Viva Voce examination for the month of August was conducted from 21st August, 2020 to 31st August, 2020.

The students were divided into two groups according to the number of students in class. Students would have to wait for the invite call from their teachers. They were asked to select a number and then questions were asked by the teacher via screen sharing. The students were prepared well for the same.



ONAM CELEBRATION

Onam is an important festival which is celebrated by the Keralites. Christ School ICSE released a video on 30th August, 2020 depicting the importance of Onam. Onam is the festival of harvest and celebrated in Kerala by people of all communities. Our Principal gave the onam message where he spoke about the importance of the festival and urges us to harvest love, goodness, happiness and peace. For every seed of Godliness, kindness and justice there will surely be a harvest of goodness, significance and greatness.



*Onam is not just a festival
to cherish, but a moment to reincarnate
a post of prosperity and goodness.*

*Let us now hope for those days
to come back again...those good old days!!!*