



# CHRIST SCHOOL ICSE

Christ School Road, Dharmaram College Post, Bengaluru - 560 029

The Monthly Newsletter

# Excelsior

Ever upward and still higher...



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## *From the Principal's Desk*

*Rev. Fr. Nilson Davis CMI*

## CREATE YOUR IDENTITY

My Dear Christites,

As a part of imparting wholesome education, it is important to point out that students should be taught to have a very clear vision about the important values and skills and should be encouraged by the Parents and Teachers. We in Christ school ICSE place the highest value on self-confidence, independence, tolerance, integrity, persistence, non-discrimination, responsibility, creativity and gratitude. Here we have equipped teachers not only as trainers but also as someone who prepares a young person for life. Character Education is very important in helping children to develop into the well-rounded and complete persons, because the education is not just knowledge. It is not a claim that one can become a better person only by learning virtues and skills but it is certainly a good start and a good start is always important for great achievements.

Along with its educational function, inculcating the importance virtues has a pedagogical function of school, which is not something we invented today. It is something that has always existed, something that we have always been aware of. All this should lead to building of character and virtues, for the benefit of future generations.

If we are to achieve an education based on quality standards, the constant ecological education must determine the building up and the development of a responsible ecological attitude in all students. This should be a joint attempt the parents and the educators. Even when the times get tough in the future, your child will be more solicitous of others.

My dear Christites, with the help of your parents and teachers we are trying to bring out the better version of yourself. Moral values can be taught at School. The process of learning for a child is not magical. It is important that the student has a sound base of strong moral values. Dear students always know that your character should reflect the best of you to others. Be a giver of virtues. Moral Values are the worthy principles that one follows to distinguish the right from the wrong. Be matured enough to distinguish right from wrong. The future of our country depends upon the moral values conveyed to you during their student life. Always believe in betterment of character. Create an identity that is solely yours!



## Vice Principal's Message



My dear Christites,

### **Beauty without virtue is a flower without perfume.**

Every person is created with gift of Virtue. Virtue is the Character that make a child valuable in the School, Home and in the Society as well. Parents can only give good advice or put their children on the right path. The final forming of a children's character lies in their own hands. Virtues are habits of mind, heart, and behaviour. They develop through deliberate practice. The proverb that says, *Beauty without virtue is like a rose without scent, it tells that something can be beautiful and yet be devoid of value.* The value or the essence of a rose is in fact its unique scent. Without virtue, something that is beautiful seems fake, like the smell of an artificially scented rose candle. We need to give beauty to

life only by developing a virtuous life. Your ability may get to the top but it's virtue that will keep you there.

A virtuous person not only strives to be a good person, but also seeks what is good and chooses to act in a good way. Aristotle defined virtue as "that which makes both a person and what he does good."

We have opportunity to be virtuous in our school, home and society. Let us make use of every moment to be a virtuous human being.

Fr. Martin Onasseril CMI

## Financial Administrator's Message



Greetings to all the Christities...

This academic year we are thinking about giving. The first and foremost criterion for giving something is that we have to own the thing which we want to give and we should have the mind to give that to others. In the case of virtues we have to acquire the virtues before we give it to others or to spread it in the society. According to St. Augustine, "Virtue is a good habit consonant with our nature". Thomas Aquinas defines Virtue as an operative habit which is essentially good. It is clear from their understanding that virtue is a habit and a habit is a quality in itself difficult of change, disposing well the subject in which it resides. So my dear students let us try developing virtues as a habit in our school life.

Virtue in its very nature is spreading. So any person holds the virtues are the giver of virtues. The presence of a virtues person will change the situation, bring grace to others and give hope to the disheartened. In the poem 'A Psalm of life' Hendry Wadsworth Longfellow mentions it as in the form of a great man states that,

Lives of great men all remind us  
We can make our lives sublime,  
And, departing, leave behind us  
Footprints on the sands of time;

Footprints, that perhaps another,  
Sailing o'er life's solemn main,  
A forlorn and shipwrecked brother,  
Seeing, shall take heart again.

May God help you to cultivate more virtues in your life during your Christ School life.

Fr. Reji Koodappattu CMI

## DECEMBER AT A GLANCE

- WORLD DISABLED DAY
- VIVA VOCE EXAMINATION GRADE 6 & 7
- EVOLVE – TEACHERS TRAINING PROGRAMME
- SCIENCE EXHIBITION- CREADORA
- CHRISTMAS- BUON NATALE

## BE A GIVER OF VIRTUES

*'The greatest minds are capable of the greatest vices as well as of the greatest virtues.'* – RENE DESCARTES

Virtues are developed through learning as well as practice. It is something which is accepted but all cultures as the basic qualities of well-being. When we start becoming virtuous, people will start responding well and their attitude towards us will change. People around us will start relying on us and come to us for guidance and help. When we practice virtues, we develop our potential and live a more purposeful, better life – a life not ordinary but extraordinary. The more we practice and give virtues, our life becomes more meaningful and full of purpose and our lives open up to new possibilities, joy and fulfillment. By recognizing the importance of virtues, in our lives, it will lead to a better communication understanding and acceptance among us and our fellow beings. Virtues need to be cultivated to become more prevalent in life. With the habit of being virtuous, we take the helm of our own life, redirecting its course towards greater happiness and fulfillment.

# THE EDITORIAL BOARD



Ms. Sajini Isac  
Editorial Board

## GURUVANI

### *Values are the definition of our actions in life”*

The major value in life is not what we get, it is what we become. The value of life lies not in the length of days, but in the way how we make use of them. Values are important because they guide our beliefs, attitudes and behaviour.

Everything you think, everything you feel and every action you take is because of your beliefs and values. You may not be aware of it, you may not be conscious of it; but your values shape your decisions and your decisions shape your life. Your values signal what is important to you.

There are two kinds of people in the world - givers and takers. Most people are takers. Taking is much easier than giving. It is more natural and comfortable and requires far less effort. Giving can be hard. After all, you are sacrificing time and resources to help someone else.

Giving ties in with Kindness and Compassion. As humans we are built to give. Not just give money or things, but give ourselves fully to others in need, to serve selflessly.

Karma always ensures what you give is returned, but that is not why you give. You give because that is your nature. It's not an effort, it is natural, it feels good and you know there is no lack. It's caring about someone more than you care about yourself. It's bringing your best self to every encounter, so the other person walks away with a smile.

Dear Christites, be the giver of values, it's within us and it's a choice. If you value others, then you can live a life of higher values and makes ourselves and our surroundings happy.



Ms. Anitha Joseph

## PARENT'S TALK

### Be A Giver Of Virtues

Virtue often refers to “moral excellence” and “goodness”. Biblical virtue is termed as *"The Conformity of life and conduct with the principle of morality"*.

Virtues are habits of mind, heart and behaviour. They develop through deliberate practice. A most loving virtue of all is that of a cheerful giver with the right attitude of LOVE! Giving is not just a random act of kindness. It is an investment in humanity.

Lend an ear . . . .

The Farmer and the Crane

There once was a farmer who was very worried about his crops getting eaten by the birds. So he laid a trap for the birds. Next day he managed to catch a flock of the birds. A crane also got trapped in the net. The crane pleaded with the farmer for his freedom. The farmer retorted: “You have been found in the company of these birds who were eating my seeds. So I will not spare you.” The farmer taught the crane the virtue of trust.

*Train up a child in the way he should go,*

*Even when he is old he will not depart from it.*

*Proverb 22: 6*

**By imbibing virtues in our lives, we can always be happy and blessed.**



Ms. Riby Merin John  
Christ Junior College  
Parent of Jayrite .C Grade IV - C and Jeric.C. Grade II - A



### Be a Giver of Virtues

Virtues are mainly classified as our good qualities or habits. This year's theme "Altruista" means showing a disinterested and selfless concern for the well-being of others. In order to have and give good virtues, we must know which the main virtues are and what impact they have in our lives. People with Good virtues are:-

- V-Valorous
- I-Intelligent
- R-Responsible
- T-Tolerant
- U-Understanding
- E-Excellent
- S-Sincere

Let's discuss a few of these amazing virtues briefly and try to share it as much as possible to others and even unknown people! Let's get started.

**Responsibility-** Responsibility is one of the greatest virtues. It comes only by hard work which again, is another virtue. The word "Responsible" is mostly defined as "capability of being trusted". It is important for every individual to be Responsible. Though some people find it difficult to be Responsible, it would be easier when we work and try harder.

**Sincerity-** Sincerity is the virtue of one who communicates and acts in accordance with the entirety of their feelings, beliefs, thoughts, and desires in a manner that is honest and genuine. It mostly comes along with Hard-Work and Truthfulness together. To be frank, there are really little people in this wide world who are sincere in whatever they do.

We can make a change in Cheating, stealing, etc by Giving and teaching Virtues to all the people around us. The world needs a change and we need to change it.

*"Nothing in the entire world is more dangerous than sincere ignorance and conscientious stupidity."*

*-Martin Luther King Jr.*



Reya Ann  
Grade: 'VII-B'

### WORLD DISABLED DAY

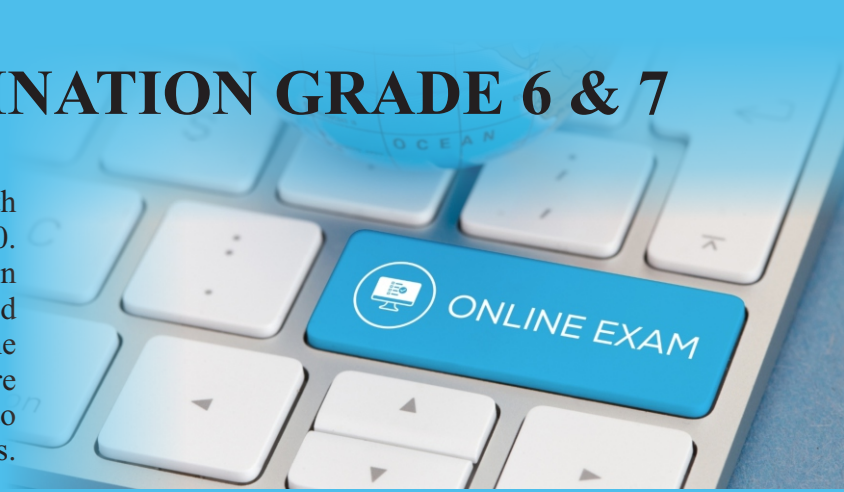
The annual observance of the International Day of Disabled Persons aims to promote the rights and well-being of persons with disabilities in all spheres of society and development, and to increase awareness of the situation of persons with disabilities in every aspect of political, social, economic and cultural life. We, here at Christ School ICSE also celebrated this day with great vigour and enthusiasm by releasing a video on 3rd December 2020. It

aimed at giving equal opportunities to specially gifted children. Videos and photos related to various people like Nick Vujicic, Muniba Mazari and many such others whom we can look up to were highlighted. They never gave up and teach us that life has its challenges and we need to face it. Giving up in life isn't a solution to anything. Christites, let's all aspire to be a giver of love, hope and compassion to the people with disabilities and focus on their abilities, not their disabilities.



# VIVA VOCE EXAMINATION GRADE 6 & 7

The fourth unit test for classes 6 and 7 began on 11th December, 2020 and ended on 21st December, 2020. The viva voce examination was conducted in Microsoft Teams. The guidelines to be followed during the viva exams were sent to the students. The students were divided into two groups and there were two different time slots. The students would have to wait for the invite call from their respective teachers. The students were well prepared for the exam.



## *EVOLVE - TEACHERS TRAINING PROGRAMME*

“THE STRENGTH OF OUR STUDENT RELATIONSHIP MAKES THE DIFFERENCE IN TRANSLATING OUR PASSION FOR TEACHING INTO THEIR PASSION FOR LEARNING”

Beth Morrow

A teacher is a symbol –a symbol of good, of truth and of lifelong learning. Ancient India has revered teachers (guru) heralding their status as that above almighty. The teacher is the ‘Param Brahma’-beyond the Divine, the Creator, the Preserver and the Destroyer. A teacher creates ideas and ideals, preserves a sense of truth, justice and fairness, and destroys evil in both ‘mis’-intention and ‘mis’-deed.

The world in which we live is in a state of flux. It was impossible to have imagined, even a year ago, that over one billion children globally would be pushed out of schools in 2020. The knee-jerk reaction to the pandemic closures was for schools to redesign their classrooms, allowing children to learn from their homes. The most sought –after choice for this attempt at continued education being-digital.

Identifying the need of the hour by our Principal Rev. Fr. Nilson Davis Pallissery CMI organized three days training programme for the primary teachers. The sessions were systematically organized by our trainers Ms. Reshma Joseph and Ms. Jincy Ouseph by giving importance on the areas like:

- Get to know your students and the things that can set them off as part of their preventative strategy, learn what their interests are and design activities accordingly, make being valued and feeling like they belong a priority, vary activities and cater for various learning styles, relate lessons to students’ lives and experiences, reward positive behaviour and student success.

Thus the teacher in today’s world has to sow all these, and more for future generations to reap excellence in tomorrow’s world. We must pledge to educate ourselves to be our best learners and keep updated as we continue to Evolve in ways to know, to do, to be, and to live together. This omnipresent, omniscient teacher must, to quote Tagore, “keep the windows of the mind open ” so as to ensure that all students “hold their head high with a mind without fear”. The task though difficult, is surely not impossible.



Ms Revathi

Quality Enhancement Committee



# SCIENCE EXHIBITION- CREADORA



CLICK  
HERE

TO WATCH  
THE VIDEO



'Victory sums from finding opportunities in problems' - Sun Tzu

This Academic year was one of its kind due to the various challenges that the world is facing. In spite of this, The Christ Family has proved it yet again under the able guidance of our beloved Principal Fr. Nilson Davis, CMI.

As a part of non scholastic activities of the school, science exhibition has been an important event that showcases the talent of the students. This year also a virtual science exhibition had been organised with the title Creadora '20 - Create in Science.

Interested students registered by giving an outline about their

exhibits, once topics were finalized, students were expected to prepare the exhibit and take the video clip where in they are explaining within the given time their exhibit in the best possible way. The videos were sent to the teachers and further these were shared to the judges for evaluation. The video was released on 5th December, 2020 which included the Presidential address by the Chief Guest Fr. Dr. Joby Pullikan, CMI, Ph.D in Philosophy with Major as Genomics and Proteomics. The highlight of the video was the declaration of the winners for all the four categories along with the links of their winning videos.

This was indeed a great experience for all those people who were a part of it.



Ms Raabiya Nikhath  
Science Exhibition Committee

## Creadora - '20 Results

Andrella Sharon S - First Prize  
Iniya S - Second Prize  
Nayanika P.S. - Second Prize  
Kisha Elizabeth Soja - Third Prize  
Aaira Ruman Saif - Third Prize

Category - I

Juan Jumon Joshy - First Prize  
RahiniRaghunath Singh - Second Prize  
Guru Thejas - Second Prize  
Johans Rimmy - Third Prize  
Jeron Jumon Joshy - Third Prize  
Kyathi Rose Sojan - Third Prize

Category - II

D. Sobha Samhitha - First Prize  
Filza Rose B - Second Prize  
Ritaj Khadeer - Third Prize

Category - III  
Biology

Navyasai Udatha - First Prize  
Charitha K - Second Prize  
Shawn Joseph - Third Prize

Category - III  
Chemistry

Md. Faizan Aslami - First Prize  
Sunderesh Varman - First Prize  
Philip Seetu - Second Prize  
Md. Zuhayr Makandar - Third Prize

Category - III  
Physics

Pallav E - First Prize  
Harni Harshini - Second Prize  
Surya M Naik - Third Prize

Category - IV  
Biology

Caran J Paul - First Prize  
Monish .S - Second Prize  
Ria. L. Sanjay - Third Prize

Category - IV  
Physics

Congratulations

to

All the Winners!!!



# CHRISTMAS- BUON NATALE



BUON NATALE – a season of love, hope and togetherness was celebrated amongst this pandemic. Christ School ICSE dedicated this Christmas to all the survivors and all the people who have tirelessly worked for us risking their lives. *MARANATHA* it means *Come Our Lord*. Lovely messages from our Principal were sent everyday when the season of advent began. The Christmas bash video by Christ School ICSE, BUON NATALE was released on our YouTube Channel. Various programmes like the Angel dance, Shepherd dance, Christmas Carols and Skit were displayed in the video. The skit was about the fourth wise man *ARTABAN* who gives up everything in search for the Lord and throughout his life helped people. Christmas reminds us that we should stick to the essential aspects of humankind. In other words, during the celebration, we should share, offer the less fortunate, spend time with loved ones, and have a good view of life.



Merry  
Christmas





# HAPPY NEW YEAR

